# DUNE SPA

AT THE SHORE CLUB

The dune represents our flowing journey through life: We bend and change in a peaceful, purposeful manner as we find our way, gaining strength from flexibility.



## the story continues...

They grew out of the dunes like a dream, summoned by the sky and the stars and the sun.

The Wellness Cabanas at the Dune Spa. Moonshadow. Sundancers. Sea Breeze. Inspired by nature, infused with enticement, ready to calm both body and soul. Filled with luxurious treatments that empower the spirit and restore energy.

But - oh, so fleeting. These enchanting precursors to the Wellness Cottages at the Dune Spa are a delicious foretaste of what is to come. Experience them while you can, before the page is turned.

## spa journeys

### LONG BAY SPA RITUAL

#### 90 MINUTES

This luxurious treatment begins with the exotic island body scrub, a gentle brown sugarcane body polish blended with pure white sand from Long Bay Beach, Salt Cay sea salt and organic coconut oil for a thorough exfoliation of the entire body, to leave the skin feeling smooth and soft. Next, a rhythmic lomi-lomi massage using warm sand pouches to loosen muscles and nourish the skin. Finally, organic frangipani oil is swept over the skin; its subtle golden pearls leave a sun-kissed glow and a delicate scent of gardenia honeyed flowers.



# body indulgences

#### SUNBEAMS PREPARATION

#### 60 MINUTES

Perfect for preparing the skin for sunbathing on Long Bay Beach. Sugar and salt gently butter, as nourishing shea butter and coconut oil impart softness, for satiny smooth skin.

## SUN-WORSHIPPER REGENERATION 60 MINUTES

Relieve sun-exposed skin and instantly soothe sunburn. This luscious lotion protects and aids skin cell regeneration to improve the appearance of aging, ease wrinkles, and calm sun-damaged skin.

## SEA SALT CARAMEL BODY GLOW 60 MINUTES 90 MINUTES

A delicious combination of local sea salt, organic honey bee, brown sugar and vanilla essential oils, this scrub has a unique texture to help eliminate rough patches, smooth the skin and leave it feeling beautifully soft. Delicately fragranced with notes of Caribbean essential oil, your skin is left velvety, toned, and radiant.







## 60 MINUTES

A treatment to detoxify the skin and stimulate the renewal of damaged cells. A full body buff scrub of serrated wrack and knotted wrack pro- motes skin tone and luster. The combination of these two powerful seaweeds acts as an excel- lent skin rejuvenator, combating cellulite and muscle fatigue and producing a silky moisturizing effect.

## ORGANIC SEAWEED WRAP

#### 60 MINUTES

This seaweed wrap is the crème de la crème of body wraps, using fresh leaves of Atlantic sea- weed as a cocoon, to deeply detoxify, moisturize, soften and revive the body.

## BLADDERWRACK BODY SCRUB 60 MINUTES

Bladderwrack is a form of kelp that has been used medicinally for centuries. Our organic bladderwrack body buff is the ultimate treat for tired dull skin. The bladderwrack seaweed is combined with massage oils to offer an all over body scrub. After your treatment, enjoy a light shower and an application of a Softly Does It, luxury organic body cream.

# facial delights

Total rejuvenation and radiance. An infusion of botanical vitamins, minerals, omegas and antioxidants naturally provide environmental protection and nutrition to help skin achieve a luminous, healthy glow. The perfect facial to provide the essential needs of your skin, delivering immediate and long-lasting results.

This treatment provides a comprehensive detoxification for your skin, powered by fruit enzymes, purple clay and essential oils. For a spotlessly clean skin and a radiant complexion, this facial revitalizes and restores tone and vitality with a balance of essential oils and antioxidants. The result is a face that is hydrated, purified and deep cleansed.



# voya facials

## MARINE DELUXE ORGANIC FACIAL 90 MINUTES

This revolutionary Seaweed Facial is a truly indulgent treatment. It begins with a back exfoliation and back massage. Then for the organic facial, we use finely ground wet organic seaweed to gently exfoliate your skin and then place freshly harvested organic seaweed leaves over a warm poultice seaweed mask. Finally, we combine the mask with a light massage.

## MARINE ANTI-AGEING FACIAL 60 MINUTES 90 MINUTES

This anti-ageing restorative facial is designed using the finest organic ingredients combined with antioxidant algae complexes and a restorative blend of aromatherapy oils. It's this mix of seaweed and botanical ingredients that helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles. This facial results in instantly firmed and tightened skin with a natural and more radiant glow. Suitable for all skin types.

## MARINE DISCOVERY FACIAL 60 MINUTES

This incredible organic facial deeply detoxifies, thoroughly revitalizing and helps to even skin tone and increase clarity. This facial is tailored to your skin type, and incorporates a relaxing facial massage that releases any build- up of toxins, to improve radiance and restore a glowing complexion.



# tata harper facials

## DUNE - ULTIMATE FACIAL 90 MINUTES

Enjoy an instantly camera-ready glow with the Dune ultimate organic facial, designed to reduce multiple visible signs of aging. Our triple-mask system acts on each level of the skin, delivering lifting, hydrating and correcting effects. Revive tired eyes with our proprietary thermal-eye therapy to reduce signs of aging and produce a rested look. This facial lifts and firms, revealing a flawless radiance.

## ISLAND - CITRUS ORGANIC FACIAL 60 MINUTES 90 MINUTES

Total rejuvenation and radiance. An infusion of botanical vitamins, minerals, omegas and antioxidants naturally provide environmental protection and nutrition to help skin achieve a luminous, healthy glow. The perfect facial to provide the essential needs of your skin, delivering immediate and long-lasting results.

## BREEZE - DETOX FACIAL 60 MINUTES

This treatment provides a comprehensive detoxification for your skin, powered by fruit enzymes, purple clay and essential oils. For a spotlessly clean skin and a radiant com-plexion, this facial revitalizes and restores tone and vitality with a balance of essential oils and antioxidants. The result is a face that is hydrated, purified and deep cleansed.

## AWARD-WINNING BRIGHTENING FACIAL 90 MINUTES?

Radiant Glow for a Special Night. Get your best glow with no down-time with our 100% Natural Multi Acid Peel, crafted to deliver a flawless looking complexion using an innovative blend of multi-hydroxy acids. Your skin will feel transformed as this ritual instantly reveals a more luminous looking tone and smooth, even texture for radiant, event-ready skin.

# healing touch

### DUNE SIGNATURE MASSAGE

#### 60 MINUTES 90 MINUTES

The therapists of the Dune Spa have shared their knowledge with one another to create a one-of-akind treatment that allows each guest to experience their cumulative skills. Customize the pressure that best suits you. This massage is combined with aromatherapy to restore energy and bring you into a state of absolute relaxation.

## SEA AND SENSES ROCKS OF THE CARIBBEAN MASSAGE

## 60 MINUTES 90 MINUTES

For deep relaxation, try our Sea and Senses body treatment with hot and cold stones. After a full body exfoliation, warm volcanic basalt stones are applied to specific points on the body to relax and eliminate toxins, while cold stones are applied to re-mineralize the body. During this ultra-sensorial experience, incorporating a unique massage technique with the hot and cold stones, tension quickly gives way to deep relaxation.

## HALF AND HALF-MOON COUPLE MASSAGE

### 60 MINUTES 90 MINUTES

The perfect gift to give each other is time together. Enjoy a side by side massage, followed by champagne after your mind and body island escape.

## POULTICE MASSAGE

## 90 MINUTES

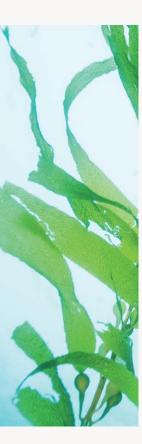
Warm-soaked bags containing a combination of the finest herbs are deeply massaged into your body. This full body massage begins with a dry brushing and continues with the application of a warm therapeutic herbal compress to release muscle tension and align the body.

## BALINESE MASSAGE

## 90 MINUTES

This Indonesian massage begins with a gentle scrub of the back and incorporates fragrant oils with the scents of Bali. A mix of Chinese, Hindu and Euro-pean methods and techniques are combined for a rhythmic, relaxing and energizing massage experience.





## THAI MASSAGE

#### 90 MINUTES

Traditional Thai massage is one of the oldest and most revered healing arts in the world, providing a natural and holistic approach to health and wellbeing. Your therapist will use a variety of techniques to create a gentle, deep stretch of major muscle groups and an amazing release of muscle tension. Please wear comfortable and loose fitting clothing.

#### SHIATSU MASSAGE

#### 60 MINUTES 90 MINUTES

This Japanese pressure point massage is designed to open energy pathways along the meridians of the body, improving the flow of qi. Based on ancient Chinese medicine, the combination of acupressure and stretching calms the nervous system, releases tension in muscles and improves circulation.

### EQUILIBRIUM BAMBOO MASSAGE

#### 60 MINUTES 90 MINUTES

This soothing massage, using the ancient technique of equilibrium, activates the flow of energy. Bamboo trunks transport you to a state of absolute relaxation, dispelling accumulated tension. This treatment is supplemented by the use of aromatherapy.

### MAMA MIA

#### 60 MINUTES 90 MINUTES

Enjoy the benefits of this relaxing prenatal massage that uses advanced techniques for a feeling of comfort and well-being.

### REFLEXOLOGY

#### 30 MINUTES 60 MINUTES

Reflex zones on the hands and feet correspond to specific organs, glands and other vital systems. Reflexology uses these reflex zones to stimulate the body to rebalance itself through the release of blocked energy and toxic invaders. Improves circulation and the delivery of oxygen and nutrients to the entire body for better heath.





# men's therapy

## **GENTLEMAN'S FACIAL**

#### **60 MINUTES**

This deep-cleansing and revitalizing facial experience is designed specifically for the special needs of men's skin, including razor burn. Additional care is taken to analyze the skin for sensitivities. To complete the treatment, a face, neck and shoulder massage is performed, creating the traditional barber experience, without the shave.

#### SPORTS MAN-E-CURE

#### **30 MINUTES**

Smooth away the rough edges of an active lifestyle with this detailed nail care.

### SPORTS PEDICURE

#### **45 MINUTES**

Feet really get a workout, and this treatment will keep yours healthy and handsome.

## salon services

Dazzle Dry creates flawless nails without flawed ingredients. This nail care system is Vegan, nontoxic and hypoallergenic, making it ideal for even the most sensitive skin types. It dries hard to the touch in only 5 minutes!

## CLASSIC MANICURE AND PEDICURE

#### 90 MINUTES

Our express route to perfect hands and feet. Soak your nails in a luxurious and fragrant hydrating bath followed by a relaxing massage, finished with the polish color of your choice.

## CARIBBEAN BLISS MANICURE AND PEDICURE 120 MINUTES

This deluxe experience includes a salt hand exfoliation, a cuticle treatment, and a hydrating hand massage. It is followed by a deeply moisturizing foot massage with pure organic oil and finishes with the application of lotion. Includes a paraffin treatment.

> CLASSIC MANICURE 30 MINUTES CLASSIC PEDICURE 60 MINUTES CARIBBEAN BLISS MANICURE 60 MINUTES

> > 60 MINUTES

## the dune spa experience

We are committed to providing spa experiences that extend far beyond the treatment itself. The following details will help you make the most of your time with us.

## SPA HOURS OF OPERATIONS

We provide pampering from 10AM to 6PM daily (extended hours on request).

## APPOINTMENTS

Reservations can be made at Dune spa by dialing Extension 31140 or email to spareservations@theshoreclubtc.com. Due to the popularity of our spa services, we highly recommend booking your spa experience in advance to obtain your preferred time, therapist and service.

## SPA ARRIVAL

We recommend arriving at least 10 minutes prior to your scheduled treatment time, allowing time to unwind in our Relaxation Lounge. A locker will be provided and we recommend you leave valuables in the safe in your suite.

## SPA ATTIRE

We invite you to change into a comfortable robe and slippers.Unless indicated in the treatment description, remove clothing to your level of comfort for your services. Disposable undergarments are provided.

## DUNE SPA ENVIRONMENT

Smoking is not allowed in the spa area. Please turn your mobile phone off or set to silent whilst in or around the Dune spa. Minimum age for treatments is 16 years. Guests under 18 require parental consent for treatments.

## CANCELLATION POLICY

We understand that schedules change and we are committed to do our best to accommodates your needs. To avoid a full charge penalty, we kindly request six hours cancellation notice.

## **IN-SUITE TREATMENTS**

We provide most of our treatments in the comfort and privacy of your suite. Please note that a surcharge of \$75 applies to each session.

## PRICING, SERVICE CHARGE, TAX AND GRATUITIES

For your convenience, 12% Government Tax and 15% Service Charge will be automatically added to your spa service receipt. You may leave an additional gratuity for team members who deliver exceptional service. Prices are subject to change without prior notice.



## THE SHORE CLUB

TURKS AND CAICOS

649.339.8000 | TheShoreClubTC.com